



Welcome from the County Commissioner

It has been wonderful to hear and see all the ways you have continued to adapt and bring guiding to our young members over this term. A huge well done for persevering with risk assessments, social distancing and hand sanitizer for those of you meeting face to face.

We know it means so much to the girls to be able to see their friends, have fun and as many of you have told me – scream and be silly! It's still fine to do whatever you feel most comfortable with – so continue with Zoom if that's what you prefer.

The county team is working hard at plans for County Day on 25 September – so do book your place (information below) and there is autism training on 20 July you can book onto as well.

Now we can get back together a bit more it has been great to see some Long Service Awards presented and I was delighted to present Ellie Glenn with her Queen's Guide Award recently. There is a new Guiding Hero Award – do consider who you could nominate.

Thank you for all you are doing to support our young members and each other at the moment. Whether you are continuing guiding or taking a break, I hope you have a lovely summer and stay safe.

Best wishes

Jennifer

Surrey East County Day **Saturday 25th September at Horley Baptist Church**

Back to the future...

We are going back to the future of guiding, reminding us of those old skills of face to face socialising and the art of conversation and remembering to look after ourselves and others.

9.30 Registration opens – drinks available, please bring your own mug.

10am-12noon - Training session one -a choice of 3 sessions

- Behaviour management for face to face guiding - there's no mute button when guiding face to face!
- 5 ways to wellbeing -To introduce leaders to the Five Ways to Wellbeing: Connect, be active, take notice, learn, and give.
- Mindfulness- to explore mindfulness techniques for oneself and for the young people and other volunteers in our units.

12.00-1.30 Lunch session - Please bring your own lunch for a long lunch break with a chance to socialise with other leaders or: do the practical element of your first aid qualification, verify your identity for your DBS, visit the volunteer shop (pre order available) or Faurefold shop or get some of your leadership qualification signed off.

1.30-3.30- Training session two- a choice of 3 sessions

- Autism Awareness- Do you worry about accepting a new member or already have someone in the Unit/Team with Autism? Are you concerned that you might be asked to accept someone and don't know if you can cope?
- Build a cheer me up box - To encourage leaders to create a personal resource to reach for in times of need and consider how to introduce a similar resource into the unit environment.
- Looking after people- Take a look at how we look after volunteers and young leaders from the initial welcome to making the best use of and developing their skills so that they enjoy their volunteering and their membership of Girlguiding, whatever their role.

3.30- A Free raffle for those in attendance to win a range of resources for your units.

Booking form:

<https://forms.gle/oXLKopfvMsd8j6tK7>



County Camping Survey



With renewed emphasis on the great outdoors post-Covid-19, we are hoping to learn more about how we can help our Surrey East units get out camping and how you are feeling about going back to residential events.

The survey is primarily targeted at Guide and Ranger leaders, but we'd would love to hear from Brownie leaders too. Whether you are an experienced camper that can't wait to get back to Camp or the very idea fills you with dread we want to hear from you. We want to know if you need more support from our camp advisors or if you just don't have access to equipment.

We have teamed up with Faurefold, our county campsite near Dorking in the beautiful Surrey Hills, to put together this survey. Faurefold are continuously looking to develop the facilities, equipment and activities available for users and this is your chance to have a say.

Even if you have no firm plans, please share your thoughts here – it'll only take a few minutes of your time. <https://www.faurefold.co.uk/county-camping-and-equipment-survey/>

Many Thanks

Jane Luff, Surrey East County Outdoor Advisor
Clare Coker, Chair of Faurefold Management Committee



Lord Lieutenant Nominations

A very special opportunity for a committed 16 or 17 year old member of Girlguiding

For over twenty years the Lord Lieutenant of Surrey has appointed two young people each year from the voluntary uniformed youth organisations of the County as Lord Lieutenant's Cadets for the year. They attend the Lord Lieutenant or Deputy Lieutenants on royal visits and a wide variety of other civic duties and occasions in Surrey and by their smartness, punctuality and conduct have added to these occasions. Their high profile role exemplifies them as the very best of Surrey youth.

For 2021/22 the Lord Lieutenant has expressed a wish to consider appointing one of his two Cadets from Girlguiding Surrey East, with a view to them taking up the appointments in October 2021.

Cadets are normally 16 or 17 years old, but it is maturity of the individual that is important together with their ability to interact effectively with all levels of society. To be nominated, the young person must be an active member of Girlguiding Surrey East and live in the current administrative County of Surrey.

Normally each Cadet will attend at least ten or twelve events, some of which will involve members of the royal family and some when the Lord Lieutenant will not be there but a Deputy Lieutenant will be leading. There are few engagements in August.

Family support is essential - the Cadets will inevitably need transport to and from events which can be anywhere in Surrey and occasionally at unsociable times!

Please consider if you have young members in your area who you can encourage to apply.

To apply the young person must write a letter of application setting out their reasons for applying and a bit about themselves and their guiding experience. Their application must be supported by their Commissioner (Commissioners to write separately please). Letters of application must be sent by the young person to the County Commissioner Jennifer Sibley at Jennifer_sibley@outlook.com **by 5 August**. A selection event will take place during August and appointments will be confirmed in September. The first events take place in October.



Sam Foster, Girlguiding Surrey East Lord Lieutenant Cadet 2018/19



The Girlguiding Hero Award



Heroes can be of any age!

Do you know a member or friend of Girlguiding who deserves special recognition for their efforts?

Examples could be:

- A special fundraising effort
- Supporting an individual or member of the community
- Supporting local guiding
- Showing fantastic citizenship
- Coping with adversity
- Or...? Well you tell us! Anything that demonstrates the effort a person has put in.

We look forward to hearing about the many ways in which our heroes are making an impact.

Any member of Girlguiding can nominate the person they think is a hero.

- [Download the Hero award application form.](#)
- Complete the form and send it to your county commissioner for consideration.
- Once approved and signed by the county commissioner, arrangements will be made for a hero certificate to be sent out for presentation.

More information:

<https://www.girlguiding.org.uk/making-guiding-happen/running-your-unit/managing-your-team/awards-and-recognition/girlguiding-hero-award/>

Understanding Autism:

- Do you need to discuss an adjustment plan with someone?
- Do you worry about accepting a new member or already have someone in the Unit/Team with Autism?
- Are you concerned that you might be asked to accept someone and don't know if you can cope?

This session will provide an introduction to Autism and provide a place to share your own experience (or none) of Autism, develop a plan and to find out where you can get further information/support.

Topic: Autism Awareness

Time: Jul 20, 2021 07:30 PM London

<https://us02web.zoom.us/j/81440502932?pwd=a1BSQzBWbmRYSHVFbGZFNFM4OXkydz09>

Meeting ID: 814 4050 2932