



Welcome from the County Commissioner

Welcome to the new term!

I hope you had a good break over the summer. I enjoyed a five day forensics themed Guide camp with my district. It was great to be together and have fun in the open air and the girls and adults had a wonderful time.

As you return to meetings this term, some of you will be continuing what you started last term, some of you will be nervous, some of you will be raring to go. Do ask for help if you are unsure about risk assessments and activities, your commissioner is here to help.

It's the last chance to book for county day on 25 September, which will focus on returning to guiding and looking after ourselves. More details in this update and my thanks to Lorna Smith and her team for all the organisation that goes into it.

We are looking for a Lead Volunteer to organise the county's attendance at the Festival of Remembrance in London next November. You will shadow the county doing it this year and then lead a team to represent Girlguiding next year. If you're interested, please get in touch with me.

I was pleased to appoint Katie Lawton from Brockham to be the next Lord Lieutenant Cadet representing Girlguiding Surrey East. She will support the Lord Lieutenant of Surrey on his duties representing the monarch in Surrey - we have a proud history of excellent Cadets from Surrey East and I wish Katie a fantastic year ahead. Well done to the other young women who put themselves forward and were not successful - you all have a bright future ahead of you and it was wonderful to meet you.

It was also a real pleasure to present Christine Moss with her 40 year service award at a Leatherhead Division campfire and social. It was fantastic hearing Christine's long standing dedication to guiding including a host of unit, district, division and county roles, and to thank her for being the Leatherhead Division Commissioner. There are more awards coming up for presentation now we can celebrate a bit more easily and I look forward to meeting more of you out and about as I do so.



This will be my penultimate update welcome as I pass on the baton of County Commissioner to Beverly Heywood-Jones at October half term. We are in the process of handing everything over but for now continue to contact me.

With best wishes

Jennifer

Jennifer.sibley@outlook.com

Surrey East County Day **Saturday 25th September at Horley Baptist Church**

Back to the future...

We are going back to the future of guiding, reminding us of those old skills of face to face socialising and the art of conversation and remembering to look after ourselves and others.

9.30 Registration opens – drinks available, please bring your own mug.

10am-12noon - Training session one -a choice of 3 sessions

- Behaviour management for face to face guiding - there's no mute button when guiding face to face!
- 5 ways to wellbeing -To introduce leaders to the Five Ways to Wellbeing: Connect, be active, take notice, learn, and give.
- Mindfulness- to explore mindfulness techniques for oneself and for the young people and other volunteers in our units.

12.00-1.30 Lunch session - Please bring your own lunch for a long lunch break with a chance to socialise with other leaders or: do the practical element of your first aid qualification, verify your identity for your DBS, visit the volunteer shop (pre order available) or Faurefold shop or get some of your leadership qualification signed off.

1.30-3.30- Training session two- a choice of 3 sessions

- Autism Awareness- Do you worry about accepting a new member or already have someone in the Unit/Team with Autism? Are you concerned that you might be asked to accept someone and don't know if you can cope?
- Build a cheer me up box - To encourage leaders to create a personal resource to reach for in times of need and consider how to introduce a similar resource into the unit environment.
- Looking after people- Take a look at how we look after volunteers and young leaders from the initial welcome to making the best use of and developing their skills so that they enjoy their volunteering and their membership of Girlguiding, whatever their role.

3.30- A Free raffle for those in attendance to win a range of resources for your units.

Book now – don't delay!

<https://forms.gle/oXLKopfvMsd8j6tK7>

Looking for more outdoor activities to run with your unit?

Sign up or this free Zoom training with the RSPB!



RSPB: Leader Training - Running Outdoor Nature Sessions

Saturday 18th September

10.00am - 12.30pm

Zoom

Booking Link: <https://www.eventbrite.co.uk/e/166930087385>

The RSPB wants to create stronger connections between people and nature, including giving experiences to children that engage and inspire them to take action for nature. This training aims to build the confidence of leaders and other volunteers to take girls outdoors to discover, explore, enjoy and help nature. The training will introduce a range of activities that enhance the 'have adventure' and take action' elements of the Girlguiding programme and which are appropriate for the different sections

If you have any questions or queries about the session, please contact us at info@girlguidinglaser.org.uk.

Surrey East Newsletter

Looking for inspiration for the new term?

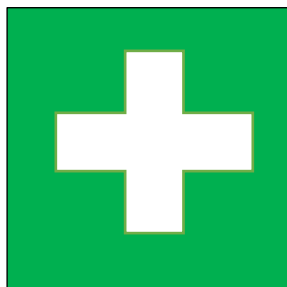
Have a look at what units across the county were up to last term! A huge thank you from Charlotte to all those across the County who took the time to share their story with the newsletter. It is so inspiring to get a glimpse at what others have been up to. We really appreciate hearing from you!

Please find a copy of the newsletter here: <https://www.girlguidingsurreyeast.org.uk/wp-content/uploads/sites/2/2021/07/County-Newsletter-Spring-Summer-2021.pdf>

If your unit, division or district get up to anything you would like to share in the future for the next newsletter please get in touch at any time via email on newslettersurreyeast@gmail.com

Upcoming Trainings

First Response Trainings (all via Zoom)



21st September (Module 1 of 3) 7:30-9:30pm

5th October (Module 2 of 3) 7:30-9:30pm

12th October (Module 3 of 3) 7:30- 9:30pm

26th October (Module 1 of 3) 7:30-9:30pm

27th October (Module 2 of3) 7:30-9:30pm

28th October (Module 3 of 3) 7:30-9:30pm

A Safe Space Level 3 (All sessions are open to everyone in the county)

9th October (Godstone) 9:00am- 12:00pm Venue TBC

16th October (Epsom) 9:00am- 12:00pm Stoneleigh Methodist Church, KT19 0RT

6th November (Leatherhead) 9:00am- 12:00pm Fetcham Guide Hall, Cannon Grove, KT22 9LH

5th February (Reigate) 9:00am- 12:00pm Empire Hall, Horley, RH6 7AW

For more information and to book, please go to: [Training | Girl Guiding Surrey East](#)

Have you seen our new websites for Surrey East and Faurefold?

Have a look!

[Home - Faurefold Girlguiding Surrey East](#)

[Girl Guiding Surrey East | The County website for Girl Guiding Surrey East](#)



International Update



With the world opening up after the last 2 years, we know you are itching to get back to all opportunities offered to Girlguiding members. If anyone is starting to think about running an international trip, please contact Amy on surreyeastinternational@gmail.com to get the latest guidance.

Remember:

- make sure you allow at least 12 – 18 months for planning purposes
- Permission to Plan forms MUST be sent as soon as you are thinking of an international trip.

International Opportunities coming up!

- Watch this space for upcoming details for girls wanting to apply for the World Scout Jamboree in South Korea in 2023.
- Interested in the jamboree but over the age of 18? Look out for applications for the International Service Team (IST)
- There may be opportunities to attend international camps in the UK. If anyone is interested in leading a group to an international camp in the UK, please get in touch.



Bazzaz- 22nd May 2022

The triennial activity day for Surrey Beaver Scouts and Rainbows will be held at Merrist Wood on the 21st May 2022. If your unit has been before, you will know what good things are in store! If you are new to Guiding or have never been, prepare to be amazed! It really is a day to remember! This year, we are asking all units to bring an activity so even if you are not with the Rainbows, please do offer your support to the Rainbow leaders!

The event site for Bazzaz 2022 is now open at <http://www.surrey-scouts.org.uk/bazzaz> which will give you lots of information and more will be added in the coming months.

We encourage all Rainbow Units to join us for what promises to be an incredible day of activities!

You can follow Bazzaz on social media too:

Facebook: [@bazzazlive](https://www.facebook.com/bazzazlive)

Instagram: [@bazzazlive](https://www.instagram.com/bazzazlive)

Scoutabout 1st-3rd July 2022

Scoutabout is back! The triennial event for over 6000 Surrey Scouts and Guides will be held at Ardingly Showground 1st-3rd July 2022.

The event website for Scoutabout 2022 is now open at <http://www.surrey-scouts.org.uk/events/scoutabout-2022> which will give you lots of information and more will be added in the coming months.

Scoutabout is a huge success because of the way that it is supported by other leaders too. Visit the website to see what service team options are :

You can follow Scoutabout on Social media too:

Twitter: www.twitter.com/scoutaboutlive

Facebook: www.fb.com/scoutaboutlive

Instagram: www.instagram.com/scoutaboutlive



We encourage all Guide units to join us for what promises to be an incredible weekend of activities!