CountyNewsletter





Welcome



Welcome to all in Surrey East Girlguiding Rainbows, Brownies, Guides and Rangers across Surrey East have had so many amazing adventures throughout the spring and summer terms.

Congratulations to the girls who have completed programme theme awards for their section and have been awarded their gold, silver and bronze awards and a huge thank you to the leaders who supported them. Particular well done to anyone who completed all the interest badges – that's amazing. We have more badges coming soon too so get ready for an even bigger challenge! It's also really great to see an article from Amelia (Capel Guide). As a girl-led organisation, it would be great to see a few other newsletter features from our young members.

Congratulations to all our volunteers who received awards, particularly to Mary Zoeller who received the prestigious county silver lion for all that she achieved in her 7 years as Epsom Division commissioner. Also, to Rachel King and Jackie Huitson who received good service awards and to Cathy McDonough who received a thanks badge. We also recognised long service awards with Janette Chapman, Anne Bowdery and Sarah Anderson receiving 40 years long service, Chrissie Harwood and Amanda Rayner receiving 30 years and Lynn Martin and Fiona Peach receiving 10 years and to those who received 5 years. We are really very proud of everyone for all the service they give. Thank you to everyone for being so generous in their support and commitment to guiding in Surrey East.

You will see that some of the region events have certainly kept us busy. It's exciting to see members across all sections out and about making an impact:

- Animal Adventures was a special challenge for all units across the region for them to visit a zoo, farm, wildlife park or aquarium around the same weekend. Some great pictures of our units with animals visiting their meetings and days out to the local farm or zoo. A great badge too!
- Bounce was a challenge introduced as 2024 is a leap year. To gain the badge, units could
 physically leap, jump, bounce or explore other activities around this theme. How fantastic
 for Epsom division to do a sleepover at the trampoline park and great to see units trying to
 jump together too.

Scoutabout is a triennial county-wide activity weekend for Scouts and Guides with over 6000 participants. We attended in June and as the pictures show, nearly all our Guide units took part and had an incredible time. The feedback has been phenomenal. Next year Surrey Scouts have invited us to Bazzaz, an activity day for Rainbows and Beavers. I really hope that lots of Rainbow units take up this opportunity too.



My thanks to everyone who shared what they have been doing for inclusion in this newsletter. It is right that we are proud of what we all do which is thanks to the 920 volunteers who run our weekly meetings, events and residentials and all those that lend their support as commissioners, advisers, trainers, ID verifiers, helpers. If you are reading this and would like to join in the fun – please do register on the Girlquiding website.

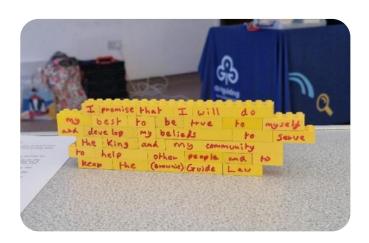
Beverly Heywood-Jones
Surrey East county
commissioner
surreyeastcc@btinternet.com

Leader Development

Congratulations to Fi Exley from 1st Merstham Brownie unit and Helen Mallison from 2nd South Nutfield Brownie unit who have completed the leadership scheme since the last edition of the county newsletter.

We had a joint training day at Faurefold with Surrey West. The trainers provided all of the mandated webinars in a face-to-face session. It was a great day and lots of fun.

Just a reminder the leaders in training can complete the e-learning modules in any order and can start these before being allocated a mentor. There are five mandated webinars which need to be completed and leaders can join any region webinars via the learning platform. We are planning to hold another training day so keep an eye out the website for more information.



'I love the Lego bricks personally. It was an ice breaker activity - to work together to get to know each other'





If you want to be a mentor or want to know more - then get in touch with Janet Coninx at lqsurreyeast@qmail.com



Scoutabout 2024

A triennial event for Surrey Scouts and Guides

Scoutabout took place over a mainly sunny weekend at the end of June, with over two hundred activities all over the campsite. Over 4500 young people, 1200 leaders and 300 volunteer helpers took part. The activities included driving, caving, climbing, zorbing, a talent show, army assault course, human table football, escape rooms, astrology tent, wonky bikes, circus skills, wood turning, bungee run, a dunk tank and even scuba diving - to name just a few. Kayaking and paddleboarding were available off site.





Scoutabout is a wonderful opportunity for young people to enjoy an activities weekend with a festival vibe. They are completely free to explore the site and choose what activities they want to do. They can mix with Guides and Scouts from all over Surrey, thus broadening their experience of Guiding and Scouting. Who knows - this may even whet their appetites for even larger events.

It was amazing to watch the young members grow in confidence as the weekend progressed. In the evenings we were entertained by bands Sour Kix, Doubting Thomas and The Ariston. During the weekend Surrey Scouts signed a covenant with the British Army to provide support to members and their families.





The event ended with a flag ceremony with everyone in the main arena. Seeing everyone in their uniform and the parade of flags is an incredible thing and enables us all to reflect on the amazing weekend we spent together.

None of this could have happened without the hard work and dedication of the organising team. Our reps were Jane Luff and Mary Zoeller. A huge thank you to the whole team for ensuring that we all enjoyed a stress-free weekend and were looked after by the service teams. Special mention must go to Russ and his bog squad, a thankless task but one that was completed very well and all of them had smiles on their faces the whole weekend.





A vote of thanks must go to all the volunteers in Surrey East who ensured the Guides had a fantastic time. Not just the leaders who camped: we had activity helpers, home contacts, tent pitchers and strikers, admin support and of course partners and families who keep the home fires burning whilst we go off and play.

The next one will be in 2027. Looking forward to it already!!













Scoutabout 2024



1st Capel Guides



5th Dorking Guides



1st Chaldon Guides



2nd Stoneleigh Guides



7th Horley East Guides



Leith Hill Division



Leatherhead Division



Godstone leaders



Chloe and Lindsay with our county standard



Isabel carrying the Epsom standard



Walton-on-the-Hill leaders



1st Woodmansterne Village Guides

We went to Scoutabout and had a great time. Some very dedicated Guides queued for paddleboarding tickets, some tried scuba, lots did the dunk tank, a couple did shooting, plus loads of crafts, games and challenges. 7th Horley East Guides







Happy 5th Dorking and Capel Guides at Scoutabout





Leaders and Service Term at Scoutabout 2024







A young Leader volunteering on the First Aid team with two of her colleagues



DJ Epsom Ranger Olivia!





Chaldon leaders getting involved!

Some of Surrey East's incredible leaders at Scoutabout 2024.

















1st Chaldon Guides had an amazing time at Scoutabout 2024! Roll on 2027!



How does it get back in the bag?



Epsom enjoying some exceptional catering!





















22-23 June 2024

www.girlguidinglaser.org.uk/events

ြော Girlguiding

London and South East England

Over the weekend of 22-23rd June 2024, Rainbows, Brownies, Guides, Rangers and young leaders took part in LaSER's Animal Adventure challenge by visiting a zoo, wildlife park or aquarium.

Battersea Park Children's Zoo welcomed a group of Guides from Epsom division and Girlguiding Staffordshire to take part in our first ever Share Savvy workshop. The group included a member from every section of the Girlguiding family, from Rainbows all the way up to leaders. The group learned about how to be responsible on social media, the problems with the exotic pet trade and how to identify posts which may harm wild animal populations. They also enjoyed a guided tour of the zoo. Thank you to LaSER for providing an Animal Adventure grant.



Horley East Rainbows and Brownies



86 Rainbows and Brownies from Horley East descended on Tilgate Nature Centre on Saturday for Animal Adventure Weekend. The talk and hands-on session was amazing. Everyone had a lovely time seeing all the animals.











3rd and 6th Merstham Rainbows





3rd and 6th Merstham Rainbows had an amazing animal adventure at Godstone. The girls fed pigs, sheep, goats, alpacas, Highland cows, ponies and a horse. They also met reptiles, a tortoise and a baby turkey. There was hog-racing, playing, ice creams, singing and of course a badge!



4th Caterham Rainbows and Brownies

4th Caterham Rainbows and Brownies were delighted to welcome Anna and her friends from The Dragon Shelter for their Big Animal Adventure. By the end of the evening almost everyone had conquered their fear of reptiles.. and the grown-ups were very brave too! A huge thank you to the LaSER Animal Adventure fund for making this possible!















Congratulations to all the Rainbows, Brownies and Guides in Surrey East who have achieved their Bronze, Silver and Gold awards this year! Here are some highlights of girls who have put lots of hard work into completing these awards.



7th Bookham Brownies were very pleased to celebrate Sophie and Poppy with their Silver awards this term.



1st Ashtead Rainbows awarded a Gold award to Phoebe at the end of the summer term.

'Thank you so much for everything you do for the girls! It is the only club that Phoebe has consistently wanted to show up to and not ever miss!'



2nd Fetcham Rainbows were very excited and pleased to award two of their Rainbows with their Bronze awards. The first ones that we have achieved! Chloe and Ella have both worked very hard, and are on their way to Brownies now.



Our first two Rainbows in our unit 5th Caterham Rainbows have achieved their Rainbow Gold award. Both girls have worked very hard.



Two Gold awards were presented this summer at 2nd Woodmansterne Brownies.





Ist Chaldon Guides awarded their first ever Guide Silver award! This award went to Matilda who has shown ongoing commitment to Girlguiding over the years as a Rainbow, Brownie and a Guide. We look forward to being part Matilda's young leader journey.



These 1st Chaldon Guides were awarded their Guide Bronze awards.

Awards

3rd Ashtead Rainbows
Congratulations to Liv (middle)
who achieved her Rainbow Gold
award at the end of the Spring
Term. She said she has really
enjoyed her Rainbow journey and
was sad to leave but is now
enjoying a new adventure as a
Brownie

enjoying a new adventure as a Brownie.

7th Horley East Guides
Millie, is our first guide to get her Gold Award.
Unusually, Millie didn't go to Brownies and
started with us at 10; she did Guides all the
way through lockdown and in a final push
during her last few months at Guides, she
did the bulk of the interest badges needed.
She's now helping at Rainbows and we
couldn't be prouder of her!





Sophie is the first Brownie in 7th Bookham Brownies to achieve the Brownie Gold award. Barn Owl presented her with her badge and certificate at their meeting this week.

Sophie says 'I enjoyed the Mindfulness badge. And I enjoy sewing, so I made a special bag for the unit to keep the units promise ceremony quilt and woodland animals in.'
Thank you to Barn Owl for all her support she gave to Sophie to enable her to be so successful. Also, a very proud Nana!



Awards

1st Ashtead Brownies had a visit from our local MP, Chris Grayling, to present a special Gold Award.

Ellie joined 1st Ashtead Brownies in Autumn term 2021 and during her time with us, Ellie has demonstrated her ability to be a great Brownie who has kept to her Brownie promise and the Guide law. As a unit, we are most proud of her interest badge achievements, where Ellie has successfully completed all 18 Interest badges, rather than just the 6 interest badges required.

To complete all 18 Interest badges, which are completed independently at home, is a tremendous achievement. To celebrate this special occasion, we invited Mr Grayling to present Ellie with her Gold award.





At their final meeting of the term, Cuddington Rainbows celebrated awards for their three eldest Rainbows: Lily, Erin and Shanaya. A Gold Award, Siver Award and a 'Rose Gold' (five theme awards!)



Caterham Valley district World Thinking Day afternoon

On Sunday 25th February, Rainbows, Brownies, Guides, Rangers, leaders, and the Trefoil Guild, from Caterham Valley district, met to celebrate World Thinking Day.

We met at St. John's Church Hall in Caterham, and we put the girls into four separate groups. They took part in four different activities, gaining a stamp in their passport each time they completed a different activity to represent a different country.

The activities were:

- Luna's Lead the Way Wide Game
- Clay Tea Light Pots
- Weaving bookmarks / owls
- Love Heart Bags



After the activities, we went over to St. John's Church, where some of the girls' parents joined us and we had a short service. Jamie the Vicar of St. John's Church welcomed us and then we sang hymns, had prayers and enjoyed taking part in 'The Thinking Day Story.' We had a collection during the service to raise money for the World Thinking Day Fund. At the end of service, we renewed our promise, and the girls received their Thinking Day Badge. During the service, we presented Mrs Pam Orchard with a special "Thank you" Badge for all the years that she has been District Treasurer and District Secretary.





World Thinking Day – 1st Ewell Village (St Mary's) Brownies







1st Ewell Village (St Mary's) Brownies celebrated World Thinking Day by creating the promise using the world's smallest alphabet pasta and toasted marshmallows over tea lights to make s'mores!





7th Horley Rainbows and Brownies











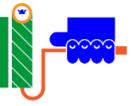




7th Horley proudly wore their uniforms to school on World Thinking Day.



Lend A Hand 7th-9th June



The Big Help Out is an annual nationwide event designed to raise awareness of volunteering throughout the UK and provide opportunities for people to experience volunteering and make a difference in their communities. It is always fantastic to see people coming together to lend a hand in their communities to experience how rewarding volunteering can be, and the power it has to make a change.

1st Fetcham Guides did a litter pick of the park behind their hall. Someone even found a £20 note which we are going to clean up and put towards an end of term treat!

As part of the Big Help Out national campaign, 1st Ewell Village (St Mary's) Brownies litter picked the high street and surrounding roads.





Epsom division Rangers also did a great job litter picking round Hogsmill, Ewell and Green Lanes. The borough of Epsom and Ewell has never looked so good!

1st Ewell Village (St Mary's) **Brownies**



'We found some socks!'





'I liked that we were helping nature by taking away all the rubbish. We were being kind to the environment.





4th Caterham Rainbows and Brownies

4th Caterham Rainbows and Brownies played a large part in serving their community by litter picking at the Caterham Carnival. Brownies, Guides and district leaders raised funds for Marie Curie and for Girlguiding. The hook-a-duck was brilliant, a great attraction. We even managed to recruit an adult to help set up a new Rainbow unit. Watch this space!









The Big Help-Out

BiGii % HELP QUT

Well done to the Merstham units who celebrated the Big Help Out by taking part in the local fete. All the units filled and decorated jars for a tombola which was very popular on the day. The stall was decorated with camp blankets which proved to be really good conversation starters. It was great to raise money for the church where we meet whilst also raising Girlguiding's profile and fulfilling our promise of serving the community.



Ashtead District

Ashtead district Girlguiding raised £723.84 at Ashtead village day. Our wonderful volunteers and Guides ran our stall, including a tombola, pick a lolly and selling hamper raffle tickets.





Epsom Division

Epsom division's annual fundraiser "Summer fun at the campsite" was a big success with all sections taking part and raising money for the lovely campsite Little Acres in Horton Country Park.



Fetcham Fair





Guides, Brownies and Rainbows represented Fetcham and Leatherhead district at Fetcham fair.







10th Epsom Rainbows

10th Epsom rainbows learnt about the Surrey Hills with Stella Cantor of the Surrey Hills Society. They discovered lots about the beautiful places in the area and then made bug hotels. It was all part of the Into the Surrey Hills badge.













7th Epsom (St Barnabas) Rainbows





7th Epsom (St Barnabas) Rainbows had a fabulous sleepover at the lovely new lodge at Little Acres campsite in Epsom.





3rd Merstham Rainbows

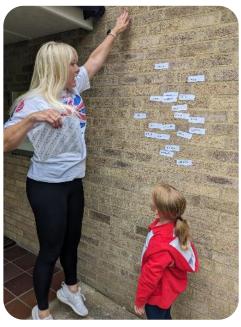
3rd Merstham Rainbows have enjoyed spending time working towards their Take Action theme this term. We've fed the ducks, gone litter picking and thought about kindness and saying thank you to people who help us.

7th Horley Rainbows

7th Horley Rainbows have been completing the NE Olympic Challenge badge which has 6 elements. Very excitingly, we had an Olympic athlete, Debbie Marti visit us. She represented GB by doing the high jump at Barcelona in 1992 and Atlanta in 1996. The girls got to ask her some questions and then she helped with vertical high jumps as part of a UMA. We all loved meeting her and listening to her stories – she was amazing!







Here are some other parts of our challenge, including making Olympic torches:







3rd Ashtead Rainbows

Ashtead Rainbows have been having a blast with lots of exciting sessions to support badge work (and some just for fun!). It's tough to pick just a few highlights, but some of the best moments include celebrating Chinese New Year by making dragon puppets, creating giant self-portraits for our Drawing badges, conducting science experiments for our Innovate badges, and making secret gifts for Mother's Day. We even had a yoga teacher and some furry friends join one of our sessions for a super relaxing evening!

Our trips have been fantastic too! We went on a Fairy Tale trip to the library for our Storyteller badge, visited the local Fire Station and Greengrocers, and who could forget the fabulous day at Faurefold?! We were lucky enough to end the term with a wonderful swimming and pizza party!











2nd Fetcham Rainbows





We completed the LaSER
Bounce Challenge - learning
about leap years, bouncing on
a mini trampoline, skipping,
bouncing on space hoppers
and the final challenge - the
whole unit jumping at the
same time. They all had a
great time, and went home
with a bouncy ball and the
badge.

Recently we had a lovely evening doing a scavenger hunt on Bookham Common, ending up with drinks and biscuits. The Rainbows all had binoculars to see what they could spot!





Storm has been checking that Ruby and Billie, our Raincrow and Scare-Brownie entry into the Caterham Festival, are still okay after a week or so on the door-step.

1st Chaldon Rainbows

1st Chaldon Rainbows went for a (muddy!) walk this term to leave kindness stones in the woods.









3rd Merstham Rainbows





3rd Merstham Rainbows finished the term with an ice cream party (planned on a very hot evening 3 weeks before!). We played ice cream fruit salad, made ice creams themed bookmarks and made our own sundaes in cute rainbow cups. The girls had such a good time. It was great to give out some Bronze awards and also a Gold award too.

7th Horley Rainbows

7th Horley Rainbows had fun on a beautiful evening at Earlswood lakes.

One girl said she'd never climbed a tree before.















Ist Ewell Court St Clements Rainbows had Fun at Faurefold this weekend! Thank you to the organisers for putting on such a great event.





2nd Stoneleigh Rainbows





2nd Stoneleigh Rainbows started their Epsom Town Challenge with a blue light send off from a local police car that had just returned to the station. Walking around Epsom on a bright Friday afternoon listening to the questions and busy finding the answers was lots of fun. We finished off with a treat at McDonalds with a bag of chips, and not forgetting the badge too. We're sure they all slept well after all that walking!





4th Caterham Rainbows



4th Caterham Rainbows enjoyed making lanterns for Chinese New Year and tasting Chinese sweets.



3rd Ewell Court (St Clement's) Rainbows

3rd Ewell Court (St Clement's) Rainbows and their leaders had a great time bowling recently! Lots of strikes and much more giggles.







5th Caterham Rainbows & 11th Caterham Brownies World Book Day

To celebrate World Book Day, on Tuesday 5th March 5th Caterham rainbows and 11th Caterham brownies visited Caterham Valley Library. The girls enjoyed looking at the variety of books at the library and some of the girls did some colouring.

Jacquelin from library got out some old maps of Caterham and the local area out for us to look at, which the girls and leaders found interesting. At the end of the evening, Jacquelin read a book to all the rainbows and brownies.













2nd Chipstead Brownies and Rainbows



Our sixers, Livvy, Jessica, Sophie and Jasmine, organised and ran a super evening for us all last week, with 'Don't Wake the Bear' and 'Brownies off the Bus' games and by producing a huge poster all about what the Brownies and Rainbows love about our meetings. The sixers drew the globe and produced the people for the girls to cut out and colour in their uniform and speech bubbles, to add their messages. They kindly helped the Rainbows by cutting out their people for them.

The Brownies love encouraging and helping the Rainbows and running the two units together leads to a lovely smooth transition from Rainbows to Brownies. No nerves in our unit!



7th Horley Rainbows and 2nd Horley Brownies

7th Horley Rainbows and 2nd Horley Brownies enjoyed the Faurefold activity days.













9th Epsom Brownies



9th Epsom Brownies enjoyed a two-night pack holiday at Faurefold at the end of March. The theme was 'pirates' and Brownies constructed their own treasure chests, walked the plank (aka - tried the low ropes course), explored the site nature trails, raided the Faurefold shop, had a campfire and tried to stay awake for the film night - along with galley duty, mess duty and swabbing the decks.







2nd Horley Brownies



Over the past two weeks we have taken our Brownies to Waitrose to complete the local munch activity. The purpose of the activity is to learn about food miles and where our food comes from. We were welcomed by the lovely staff of Waitrose who walked us around the store helping us with the activity. The Brownies had to find certain food items and use the labels and packaging to see where they originated from. We then marked these locations on a map of the world & UK and researched to see the distance they have travelled to get to our stores. We had a lovely time at Waitrose and look forward to organising another visit with them soon.



5th Banstead Brownies







Our Gold award Brownie ran a science evening, planned and executed all by herself.
We did experiments including tissue dye, mentos and coke, and pepper/water and hand sanitiser.

Chelsham Brownies



Our varied badge programme led to this Chelsham Brownie making the most amazing space suit! To earn her interest badge, she had to become familiar with constellations and stars, find out how to make a sunspot viewer and then make her own to observe sunspots, and finally she had to create an astronaut training programme, including fitness, diet and equipment - hence the space suit. I think you'll agree she certainly earnt the Space badge! I love the detail, particularly the bottles on the back!





1st Oxted Brownies









We recently celebrated Emma & Annemarie being presented with their Gold Awards – a fun evening during which Emma's family came along and did an origami activity with the Brownies, and Annemarie gave a talk on how she created the light up sign she had made for the Guide Hall (with help from dad and younger sister, who has also been presented with her Rainbow Gold Award).

One of the unit has just completed her Speaking Out badge, speaking out on the continued decline of the rain forest. Thea had written to local businesses about this, and she also wrote to Blue Peter and was awarded a Silver Blue Peter Badge for her 'kindness & caring' – well done!

1st Ashtead Brownies

Ist Ashtead Brownies have had a colourful summer term celebrating the Hindu festival of colour "Holi". We also took the advantage of the good weather and planned some wet fun in the pool.







Although it was an early start to the Sunday morning, girls and leaders, both enjoyed the special screening arranged by Odeon cinema for the Inside Out 2 movie.



This term we also had one of our older Brownies, Elizabeth, plan and organise the sunflower growing competition in order to earn her gold award. Elizabeth has completed all her 6 theme awards and after being awarded Bronze and Silver award, she had to plan a meeting in order to achieve her Gold award.

2nd Woodmansterne Brownies

Q

This term, 2nd Woodmansterne Brownies have been Maypole dancing at the May Queen Fayre on a very wet day. They went on a chip shop hike and ended up in the park, made button flowers, and recently had a Brownie detective night. The Brownies were all given clues and had to solve the crime including fingerprints, chromatography and analysing samples.









Quotes from the girls about the spy night: 'It was Nannie owl who was thief ... I couldn't believe it!' 'So fun.... I told my class at school and now my friend wants to join Brownies!'







7th Bookham Brownies

7th Bookham Brownies had a fun evening going for a walk and den building this week.







2nd Salfords Brownies

Q

2nd Salfords Brownies went on a walk to collect things that make noise.



10th Redhill Brownies

10th Redhill Brownies had a brilliant unit holiday at Faurefold. We were so lucky to have brilliant weather and the girls had lots of outdoor play, building dens, fairy villages and enjoying the giant games. They all enjoyed the

fabulous low ropes activity and it was brilliant to see how the girls developed problem solving skills to complete the

various challenges.

The highlight of the weekend was the brilliant campfire, with songs, a funny skit and of course s'mores!







4th Stoneleigh Brownies





4th Stoneleigh Brownies had an amazing experience at the poppy factory in Richmond. We would highly recommend.





Epsom Division Brownies



'I loved the alien balls and the glow in the dark stones.'



Nearly 100 Epsom division Brownies enjoyed an evening of glow in the dark activities at Little Acres campsite! They enjoyed hunting for bugs under UV lights and glow in the dark picture making, as well as lots more, finishing with hot chocolate and marshmallows and a sing song! Thank you to Brownie section adviser Elaine for organising this great night.



'We had headbands with flowers and lights they were really cool.'

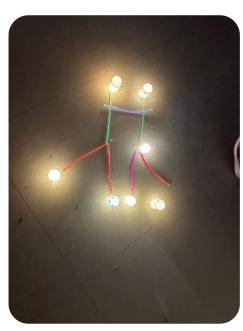




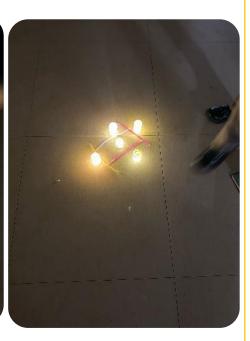
1st Fetcham Brownies



1st Fetcham Brownies had a space night, we made planet tea lights and as it was too cloudy to see any real constellations so we made our own with tea lights and glow sticks!







9th Caterham Brownies





Do you remember
Buster, the bunny,
from last year's
newsletter? At our
last meeting before
the Easter holidays
the Brownies had
another visit from
Buster! He brought
them all bunny
shaped chocolates.



1st Ewell Village (St Mary's) and 8th Epsom Brownies





Ist Ewell Village (St Mary's) and 8th Epsom Brownies had a great pack holiday at the county holiday house Faurefold this week! The Mary Poppins themed event included kite flying, cooking with a spoonful of sugar (or two), making bird feeders and dressing up as Mary Poppins. The Brownies also decorated money boxes, rainbow umbrellas and carousel horses. They had a memorable campfire and demonstrated great teamwork on the low ropes course!



'The low ropes course was brilliant!'









'It was really good when we made peppermint creams.'

'I loved making and flying the kites running up and down the field.'

'I liked it when we all had jobs like being cooks and waitresses and cleaners. I liked being a cook best.'

Fetcham and Leatherhead district Brownies and Guides





Brownies and Guides from across Fetcham and Leatherhead District took part in their very own version of the Olympics at Fetcham Girlguiding HQ.

The girls competed in three teams, representing Japan, Spain and Brazil, cheering on their teammates in the various 'alternative' Olympic disciplines.

Activities included 'frisbee discus', obstacle races designed by the girls themselves and various 'wet' races, which included hitting targets with water balloons and transferring water from a bucket at one of the course to a bucket at the other, just by soaking a large sponge.



On the winners' podium

There were egg and spoon races, as well as Faurefold Snail Racing. Fetcham and Leatherhead District has recently invested in a set of six Faurefold snails, made at Faurefold by Roo Harmer, using wood from the site and part of an old tent pole. The snails' long cords are stretched out, so that the snails are in a line at one end of a course, with the girls at the other. The girls then wind them in!

It was wonderful to see all the Brownies and Guides embracing the Olympic spirit and cheering on their country in all the races.



5th Dorking Guides









1st Capel Guides 👍

Our Guides sleepover to Little Acres, Epsom

Friday 1st March - Lunchtime Saturday 2nd March By Amelia, 1st Capel Guides

At about 7pm, 1st Capel Guides began to file into the hall and start their first activity of the sleepover. As it was St David's day [the patron saint of Wales], we were going to craft vibrant daffodils, which represent St David's day, from card and paper whilst the last few girls arrived.

Once everyone had arrived, we started our set of fun activities for the night. We did a range of activities from origami frogs to a coaster challenge where we had to build either plain or rainbow coasters from wooden lolly sticks. Some activities were about teamwork but some we had to try and do independently, such as the origami frogs.

The next two things we did were put up the tents and have a snack. We had to sleep in tents because we were practising for Scoutabout at the end of June, as we will be outdoors for two days. Putting the tents up was quite hard but once we had helped each other to put them up, we were rewarded with a bowl of tomato soup and some bread. YUMMY!

The hardest bit of the night was probably when we were told to settle down to sleep (inevitably!) but we didn't go straight away. Most girls sat up with their torches whispering to each other but a few wanted to go to sleep so that's what they did. In the morning, we all woke up within a few minutes of each other and this time round everyone was willing to whisper to each other while we waited for our leaders to come into the hall for breakfast. Some girls went and got dressed and one or two even began to pack up their things but the majority stayed in their tents as they were comfy. Eventually the leaders came and made us breakfast but it wasn't just any breakfast though...IT WAS A COOKED BREAKFAST. YUMMY! We feasted on bacon and devoured hash browns like they were going out of fashion! It was a great breakfast!



1st Capel Guides

In the morning, we had more activities to take part in, including:

- Baking Welsh cakes
- Drawing a comic about frog awareness on the road
- · Doing a dot challenge

My favourite activity was the dot challenge because we were jumping up and down with a pen to colour a page and it was a really good way to burn off some of my energy!

Although we didn't want to, it was finally time to depart from Little Acres and go home. As we left, we said thank you to the leaders and goodbye to our friends and even though we left feeling sad, we also left with a special adventure in our hearts that we would remember forever.









This term, the Guides have had a lot of fun and laughter and celebrated achieving many programme badges from skill builders and interest badges, to theme awards and also some have been awarded their Bronze, Silver and Gold awards!

We've been to Little Acres and completed the Bounce Challenge; the Young Leaders organised the Pancake Challenge badge; we made gifts for the village Christmas lunch; we built bridges as part of a skill builder; and we've completed lots of art and craft as a well as practical activities in our meeting times. There's never a dull moment!

2nd Stoneleigh Guides



Pancake evening at 2nd Stoneleigh Guides was a huge success! Preparing, cooking, flipping, decorating and eating all proved very popular.



Bookham and Effingham Guides



Bookham and Effingham Guides enjoyed the campfire at Frost Camp 2024.





Guides



The unit celebrated Emily and Becky gaining their Gold Awards. Along with the presentation, the unit enjoyed a party compete with a chocolate fountain, which was very popular with the Guides! We also have three more girls who are due to complete their Gold Award shortly.





Both girls also attended Scoutabout, where one girl celebrated her birthday. Also at Scoutabout, a group of new Guides made their Guide promises.

1st Capel Guides



'I went to the market' is a memory game which is very fun to play. Ist Capel guides played it to reflect on all the things they have done this year.....

In 1st Capel Guides this year we....

- Went to Scoutbabout
- Mashed Bananas (DNA)
- Had a Burglar Mystery
- Made Easter Cakes
- NUTS!
- Made Cakes in Oranges
- Made Rocky Road
- Ate Marshmallows
- Went Geocaching
- Decorated a mug
- Made Campfires
- Went to Clip n Climb
- Went to the Cinema
- I got my GOLD!

What a lovely list to remember. What would your list say?

4th Bookham Guides



4th Bookham Guides celebrated their unit's 60th birthday with a trip to London. We caught the train into Waterloo and started at the London Aquarium. There we split into 4 groups to explore. There were a huge array of sealife creatures, small fish of the Nemo variety who got a lot of interest and large sharks who swam over a glass tunnel we were walking through. The penguins were also a popular feature. The Guides got to touch sharks' eggs, and marvel at the glowing jellyfish. After a brief stop in the gift shop, we walked to a park for a packed lunch as one big group.



4th Bookham Guides

The next stop was a boat trip along the Thames with commentary. We passed the houses of parliament and a range of tall buildings with silly names - the gherkin, cheese grater and walkie talkie. The highlight was waving at all the people on every bridge we passed underneath.





Our final activity was going to the theatre to watch The Lion King. We became the people on the bridge during our walk to the theatre and the girls enthusiastically waved at a boat going underneath. We were in the very back row at the theatre, but could still see everything. The music was great and the costumes were amazing. At the interval, there was lots of ice-cream consumed and excitement about what the second half would bring. There was more dancing and singing and a rotating set to enjoy. After a rather rushed walk back to Waterloo, we took the train back home.

Epsom division Guides

85 Guides and 15 leaders from Epsom Division enjoyed an action-packed sleepover at the trampoline park in Esher. After the park closed to customers, the Guides took it over. We had 2 hours of bouncing with pizza for dinner and hot chocolate before heading to the sleepover. It was an early morning start with breakfast and another hour of jumping before going home at 8:30am! It was short and intense and great fun, and we all got our LaSER Bounce badge!













1st Chaldon Guides









1st Chaldon Guides had so much fun at Oxygen, Croydon bouncing their way through the LaSER Bounce challenge!

1st Fetcham Guides

1st Fetcham Guides spent the day at Nower Wood learning about endangered native species and helping with holly clearance to help the woodland stay healthy and build habitats.









7th Horley Guides

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7th Horley Guides retold the stories of Lunar New Year using the storytelling silhouettes unit meeting activity.



Bookham and Effingham Guides



Bookham and Effingham Guides enjoyed the campfire at Frost Camp 2024.





2nd Stoneleigh Guides

2nd Stoneleigh Guides enjoyed a fantastic Scuba Diving Experience with Aquanauts.





1st Chaldon Guides

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Through the generations, the years, the technology boom and programme changes, one thing in Guiding remains strong; friendship. Here are 1st Chaldon Guides working together to achieve the end goal of a friendship knot in their scarves. They persevered and worked hard as a team to make sure everyone was successful and ended the session with a neatly tied knot. We then of course went outside to burn off some energy playing games in the dark!





A couple of the Dorking Ladies rugby team came to run a session with 1st Chaldon Guides. It was a super hot evening but we made the most of the opportunity and good weather to get outside and learn some skills and have fun! A few of the Guides were head hunted for their skills and talents too.

Ist Chaldon Guides and our visiting Brownies had fun experimenting with cooking different things on sticks. Everything was on a table for Guides to help themselves and make their own whacky flavour combos! Available for the Guides to choose from was; bread, crumpet, puff pastry, apples, pineapple, banana, cheese, starburst, sugar and cinnamon. Everyone enjoyed themselves and was full by the end of the evening. We finished off the night with trusty marshmallow toasting.





1st Chaldon Guides





lst Chaldon Guides had great fun using local knowledge to complete a scavenger hunt around the area where most of the Guides live. Each group was given an a-z of photos to capture and a leader to take the photos. The Guides led the way and chose their routes. Most groups found all 26 things on the list and it was a great success.



1st Chaldon Guides made the most of the lighter evenings and met at Wild Fit Surrey. We had an amazing time and the staff were just great! We had a few nervous Guides who were reluctant to join in at first but after 10 minutes, the staff had them involved and everyone achieved their Wild Fit Certificate at the end of the night!

5th Dorking Guides



5th Dorking Guides created citrus bird feeders. They also tried different methods of filtering water – they found that the tights worked best!







1st Fetcham Guides

Ist Fetcham Guides had a fantastic evening at Byfleet boat club with the rowing boats.









Epsom Division Rangers



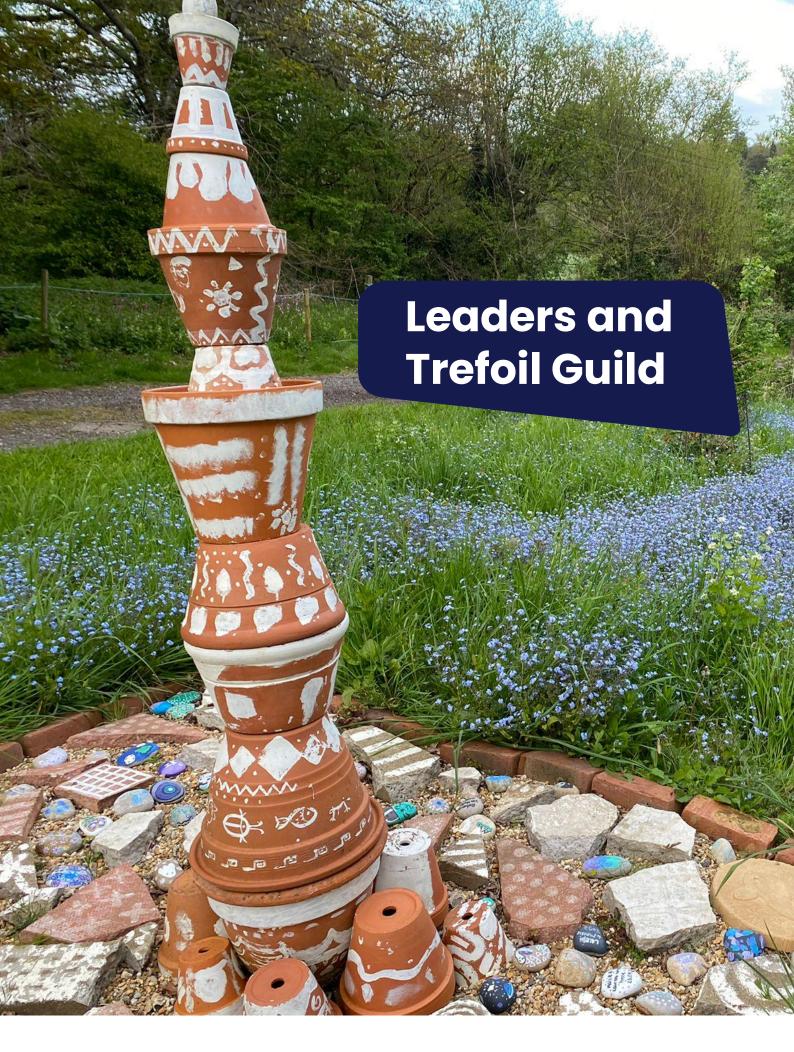


Epsom Division Rangers tried out roller hockey and loved it! Six of them made their promise too.



Epsom Rangers had a great time paddleboarding at Buckland Park Lake!





The benefits of a meeting at Faurefold

Awards

Rachel King stood down as Epsom division Guides section adviser recently and in recognition of her commitment and hard work county commissioner Beverly Heywood-Jones presented her with a County Good Service award at the division AGM.





Epsom Division treasurer Jackie Huitson also received this much deserved award at the division AGM. Jackie devotes a huge amount of time and energy on the division accounts, ensuring all the unit accounts are completed and audited correctly. She also manages a huge number of payments for lots of events each year and offers advice and support to leaders.

Congratulations to Sarah from 1st Warlingham Brownies and Guides who was presented with her 40 year long service award by Lorna and Sue. The Brownies enjoyed cupcakes to celebrate the amazing achievement and dedication of their Brown Owl.

Tawny Owl Karen from 1st Warlingham Rainbows and Brownies also received an award this term: 20 years service.







Epsom & Ewell Mayor's community reception



Girlguiding volunteers joined many other local people at the Epsom & Ewell Mayor's community reception to thank the borough's voluntary and community organisations. This annual event held in the Town Hall celebrates the many different groups who give up their time to help out in the borough.

Reigate and Banstead volunteer awards



Janette Chapman from 10th Redhill Brownies received a long service award from the Mayor of Reigate and Banstead.
Janette has volunteered with Girlguiding for nearly 40 years! The evening was a lovely celebration evening for volunteers.

Trefoil Guild Surrey East annual review

In March we held our Annual Review at Reigate Park Church. Representatives from Surrey East Girlguiding are invited to attend the annual review and give a report on what the county has have done over the last 12 months. Mary and Kate, assistant county commissioners, represented Surrey East, presenting a report on the year to the Trefoil Guild.

Following the short business meeting our speaker was Joanna Bogle on 'Sue Ryder – Her life in service' which included her link with Guiding and was excellent. The afternoon ended with tea and cake and much socialising.

'It is lovely to hear that Guilds enjoy getting Out and About visiting local historic places, craft centres, gardens and charities. I have had the pleasure during my chairmanship to join some of them. Our county wide activity groups continue, offering walks and trips, table tennis, tai chi and also a ukulele band.'



Mary and Kate, Assistant County Commissioners, address the Trefoil Guild Annual Review

From the Chairman's report



Our Trefoil Chairman for Surrey East Janice Posner has now reached the end of her five-year term. Janice has represented Surrey East Trefoil with enthusiasm and good humour, and we are incredibly grateful for her hard work and dedication to the role.

Trefoil Guild

In May there was an activity afternoon at Faurefold with several different activities. This was a chance for some of our members to try out the low ropes course.

Among the other activities members had an opportunity to make seed pots from newspaper, planting seeds so the plants do not need to be disturbed for planting out in pots or borders. Corn dollies really got the hands exercised; there was even a quiz for any free moment. Naturally, tea and cake was included in the afternoon.







Several members made their way to Portsmouth for the National Trefoil Meeting giving the chance to meet up with friends of old.

During the summer, the Guilds are holding coffee mornings, lunches and tea parties with raffles/stalls to raise money for their chosen charities. Some Guilds will be visiting gardens under the National Gardens Scheme.



The next County Newsletter will be published in January 2025.

The deadline for guaranteed inclusion is Friday 13th December 2024.

All articles are welcome, from units, districts, divisions or county – please email your contribution to newslettersurreyeast@gmail.com. Any article is always better if accompanied by photos but please ensure that you have permission for them to be used before sharing them. Please give a contact name, email and telephone no. with every contribution (even if you wish it to be published anonymously), and mention that it is for the County Newsletter.

We would love to hear from you – no story is too small to be included. It is so fantastic to see what everyone has been up to and see how vibrant the Surrey East county really is.

I look forward to hearing from you!

Alexia Beale

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Find out how to volunteer at: https://www.girlguidingsurreyeast.org.uk/ County Website: https://www.girlguidingsurreyeast.org.uk/

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